

Gluten
Free



Blueberry Fibre

The Goodness of Blueberry in Every Bite

Ingredients:

Blueberry fibre (seeds, skin and pulp)

- Good source of fibre
- Rich in antioxidants
- Characteristic blueberry flavour.
- Neither sweet nor tart
- Gluten free
- Suitable for vegans
- No sugar added

Suggestions: Mix into smoothies, baked goods and sauces to add the antioxidant-rich goodness of blueberries.

UNIT
SIZE

200 g

Nutrition Facts	
Valeur nutritive	
Per 15 mL (6 g) / par 15 mL (6 g)	
Amount Per Serving	% Daily Value
Teneur par portion	% valeur quotidienne
Calories / Calories	20
Fat / Lipides	0 g 0 %
Carbohydrate / Glucides	4 g 1 %
Fibre / Fibres	4 g 16 %
Protein / Protéines	1 g
Iron / Fer	2 %
<small>Not a significant source of saturated fat, trans fat, cholesterol, sodium, sugars, vitamin A, vitamin C or calcium.</small>	
<small>Source négligeable de lipides saturés, lipides trans, cholestérol, sodium, sucres, vitamine A, vitamine C et calcium.</small>	



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