



# BROWN BASMATI PURE

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UNIT SIZES: 2.5 kg, 5kg, 10kg, 25kg COOK TIME: 25 minutes

## INGREDIENTS

Pure Brown Basmati grown in India

## COOKING INSTRUCTIONS

In a pot combine 1 cup of rice and 2 cups of water. Bring to a boil. Reduce heat to low simmer, COVER and cook for 25 minutes. Remove from heat and let stand for 5 minutes. Add more water if needed to reach desired texture.

## Nutrition Facts

### Valeur nutritive

Per 1/4 cup (45 g) / par 1/4 tasse (45 g)

Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories</b> 150	
<b>Fat / Lipides</b> 1.5 g	<b>2 %</b>
Saturated / saturés 0.4 g + Trans / trans 0 g	<b>2 %</b>
<b>Cholesterol / Cholestérol</b> 0 mg	
<b>Sodium / Sodium</b> 3 mg	<b>0 %</b>
<b>Carbohydrate / Glucides</b> 33 g	<b>11 %</b>
Fibre / Fibres 2 g	<b>8 %</b>
Sugars / Sucres 1 g	
<b>Protein / Protéines</b> 4 g	
Vitamin A / Vitamine A	0 %
Vitamin C / Vitamine C	0 %
Calcium / Calcium	0 %
Iron / Fer	4 %

